

The Fort Huachuca Scout®



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Carols, music, decorations, visitors lend festive air to annual historic homes tour

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Photo by Anthony Reed

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Photo by Staff Sgt. Jeff Troth

Memorial

Soldier remembered through tree planting, plaque

See Page A3



Photo by Rob Martinez

Celebration

Tree, Menorah lighting held here

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Courtesy photo

Visit New Mexico

Exhibit just one reason to travel to Las Cruces

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Let's not make this a 'why' holiday

By Anthony Reed
Scout Staff

There's something about the holidays that brings out the child in me. Every year I hope Santa remembers the racing set I asked for more than 30 years ago. My brothers and I had a lot of Hot Wheels cars and track, but not an authentic electric racing set. Back then, I couldn't get it because my mom was raising four boys on her own.

This is not meant to be a sad story about some ghetto kid who did without. Despite my surroundings on the outside, inside my home was a lot of love — no racing set — but a lot of love.

As parents, many of us are determined to give our kids "what we didn't have" — often forgetting the things we did have. It was during Christmas about 10 years ago, while stationed in San Antonio, my daughters, Jasmine and Paris, inadvertently reminded me what this season is all about.

After doing some holiday shopping, we were driving home from the mall when we came across a homeless woman with her two children and dog. Paris, my youngest daughter, observed a sign the homeless family displayed and asked

her older sister what it said.

"We're homeless. Will work for food," Jasmine read to her sister. "Daddy, what does that mean?" Paris asked, as she munched on her chicken nuggets.

Before I could respond, Jasmine said, "That's stupid. Who works for food? You can't buy anything with food."

Paris was more concerned with their living conditions. She asked, "Daddy, how will Santa find them to bring their toys?"

Taking a page from Heathcliff Huxtable, Ward Cleaver and other memorable TV dads, I seized the moment to attempt teaching them a valuable lesson about life.

I pulled into the parking lot adjacent to the corner the homeless family was standing. My younger, precocious daughter stared at me with her jaws full of food. I asked her how many nuggets she had left. She pointed to her mouth, telling me she ate them all. I asked my older daughter if she had any of her allowance money left. She emptied her pockets to show me she was all tapped out.

We got out of the car and went into the restaurant, where I ordered food. Paris' eyes lit up as she thought I was getting more for her. I asked Jasmine to retrieve

my change from the cashier. She carefully counted the bills and coins and placed it in her pocket as she helped me carry the food. We walked past our vehicle, headed toward the homeless family.

I introduced myself, and Jasmine and Paris did likewise. I handed the food over to the mother and told Jasmine to give the money in her pocket to the older boy. We wished them a happy holiday, got back in our car, and headed home silently.

As Jasmine and Paris got ready for bed that evening, they asked me a bunch of questions. "Why do they live on the street?" "Why don't they have nice clothes and shoes like us?" "Why isn't their daddy with them?" "Why don't they go home so Santa can find them?" Why? Why? Why?

The next morning, the questions continued. I then asked them to get dressed, and, after breakfast, I instructed them to select two presents from under our holiday tree, and place them in the car.

Proving that father indeed knows best, they played into my hand of choosing the gifts they would open first on Christmas Day. I heard Jasmine whisper to her sister, "Daddy's going to let us open

See **HOLIDAY**, Page A15

Scout On The Street — If you had a lot of money, what charity would you support and why?



Karen Huntley
Reservist

"The USO because we've been in the military for a very long time and it has always served us very well especially with the kids."



Helen Shepherd
Family Member

"I would donate my money to abused children and women."



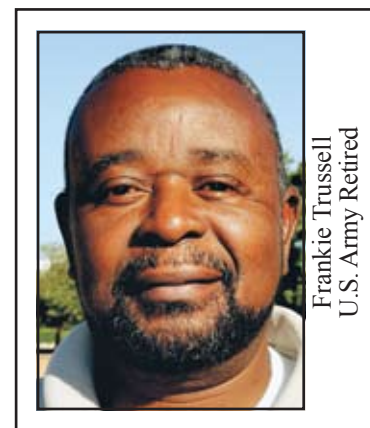
Staff Sgt. Billy Smith
Company A, 305th MI Battalion

"I would support American Cancer Society because my mother died of cancer."



Joan Specht
Civilian

"The one I would support most would be Aid for Africa because I feel that is really a disgrace."



Frankie Trussell
U.S. Army Retired

"I would support Feed the Children because there is hunger in America."

The Fort Huachuca Scout

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Anglo-American couple settles in on Fort Huachuca

Story and photo by Thom Williams

Scout Staff

The American and British intelligence officers met professionally in a house they were sharing while doing missions for the North Atlantic Treaty Organization in war-torn Bosnia-Herzegovina.

They got to know each other personally while sharing the best selling book "Angela's Ashes" about hunger and hardship in Ireland during breaks between missions.

Chief Warrant Officer Sidney Dahlin-Walker, a counter intelligence technician, who grew up in Sierra Vista and British army Maj. Don Walker now are both stationed at Fort Huachuca and are happily married.

The American Soldier is assigned to Company B, 309th Military Intelligence Battalion while the Englishman is the 304th MI Bn.'s British Exchange Officer.

The couple got married in Gretna Green, Scotland, the wedding capital of the United Kingdom, in June 2002. Walker's father arranged the wedding with Dahlin-Walker traveling in from Kuwait while Walker flew in from Bosnia.

The operations tempo of both armies kept the Soldiers deployed and they had not seen each other in more



Chief Warrant Officer Sidney Dahlin-Walker, Company B, 309th Military Intelligence Battalion gets promoted by her husband Maj. Don Walker, a British Exchange Officer with the 304th MI Bn.

than a year when they met to tie the knot.

Fort Huachuca is probably the only location where the two could have an assignment together.

He is an instructor at the 304th MI Bn.'s MI Captain's course while she is the officer in charge of Training Observation and Evaluation Branch for the Counter Intelligence Special Agent Course.

"This is our one and only opportunity to live together as a married couple but we knew that when we got married

See **COUPLE**, Page A8

Tree dedicated to fallen Soldier

By Eric Hortin

NETCOM/9th Signal ASC

The blustery day did not keep more than two dozen people from paying tribute to a fallen Soldier Monday.

Employees of U.S. Army Network Enterprise Technology Command/9th Army Signal Command and members of the Armed Forces Communications and Electronics Association dedicated a tree, planted in the Arizona Veterans' Cemetery, to Cpl. Casey Mellen. Mellen, assigned to the 2nd Infantry Division's Stryker Brigade Combat Team, was killed in Balad, Iraq, Sept. 25, during mounted patrol.

"Use this location to come and grieve, mourn, cry, and remember your son," said Col. Joseph Garnes, assistant Chief of Staff, G-4 (Logistics), to Mellen.

The informal ceremony was attended by Cpl. Mellen's father, Casey Mellen, Brig. Gen. Carroll Pollett, NETCOM/9th ASC commanding general, more than two dozen NETCOM Soldiers and civilians, and the several members of the Patriot Guard. The Arizona Ash tree and a granite plaque were dedicated to the memory of Cpl. Mellen.

"What better tribute to you, your family and your son than this memorial," Pollett said. "This is really important to come back now. We're not going to forget you, your family, or your son."

In another gesture by NETCOM/9th ASC, Mellen was presented a cased flag flown over the U.S. Capitol Building, with a certificate presented by Pollett.

"I can't thank you, general, everyone here, enough," Mellen said.

"I thought the more of these you do, the easier it gets; it doesn't.

"Especially nowadays, every time I hear the news about another fallen Soldier, a little of me falls too."



Photo by Staff Sgt. Jeff Troth

Casey Mellen thanks those in attendance for their support as he stands in front of the Arizona Ash tree and plaque honoring his son, Cpl. Casey Mellen, who died in Iraq.

Information TRICARE beneficiaries need to know about Medicare Part D

By CiCi Cea

TriWest Healthcare Alliance

About Medicare Part D

Medicare prescription drug coverage is insurance provided by private companies approved by Medicare. The program became available to everyone with Medicare Jan. 1, 2006 and requires payment of a monthly premium. Individuals with limited income and resources may qualify for assistance from Medicare.

While this is not a TriWest- or TRICARE-sponsored program, some beneficiaries' TRICARE coverage has been affected, because some dual-eligible (Medicare and TRICARE) beneficiaries have been automatically enrolled in Medicare prescription drug coverage (Medicare Part D).

Auto-enrollments

According to Medicare, individuals automatically enrolled in Medicare Part D qualified for both Medicare and Medic-

aid, and were sent a letter from Medicare highlighting their new prescription drug coverage options.

Beneficiaries enrolled in Part D may disenroll only during certain "enrollment periods," such as the Annual Coordinated Election Period (AEP), Nov. 15 - Dec. 31 of each year. During the AEP, everyone who is Medicare-eligible can enroll in a Part D plan for the first time, switch to a new Part D plan, or disenroll from their current plan. Please contact Medicare to enroll, disenroll, or for information on additional enrollment periods.

How Does Medicare Part D Affect TRICARE Coverage?

If beneficiaries choose to purchase Medicare Part D, Medicare is then the primary payer and TRICARE, as second payer, will pay out-of-pocket expenses (deductible and cost shares) for TRICARE-covered medications. Dual-eligible beneficiaries will be required to submit a separate claim to WPS TDEFIC

(TRICARE Dual-Eligible Fiscal Intermediary Contract), however TRICARE will **not** reimburse beneficiaries for the monthly Part D premium.

Is Medicare Part D Necessary?

Unlike many non-DoD Medicare beneficiaries, TRICARE beneficiaries already have a robust pharmacy benefit with no monthly premium and minimal copays for prescriptions filled at TRICARE retail network pharmacies, and no costs for prescriptions filled at military treatment facilities. Express Scripts offers beneficiaries the TRICARE Mail Order Pharmacy (TMOP) program, which can save beneficiaries up to 66 percent off what they pay for prescriptions at a retail pharmacy.

For nearly all TRICARE-Medicare dual-eligible beneficiaries, under most circumstances, there is no added value in purchasing Medicare Part D. There may be an exception to this general rule for those with limited incomes and assets who

qualify for Medicare assistance.

How Can Beneficiaries Disenroll From Medicare Part D?

Those who have been involuntarily enrolled in Medicare Part D may be able to disenroll by calling Medicare at 1-800-MEDICARE (1-800-633-4227). Medicare Part D is a Medicare program; therefore TRICARE and TriWest cannot disenroll beneficiaries from Part D coverage.

Further questions regarding Part D enrollment, including enrollment status, should be directed to Medicare: 1-800-MEDICARE (1-800-633-4227).

For more information about the TMOP program, please call Express Scripts at 1-866-DOD-TMOP (1-866-363-8667).

For information about the DoD TRICARE Retail Pharmacy program, call 1-866-DOD-TRRX (1-866-363-8779).

For information about TRICARE for Life, call 866-773-0404 (toll free) or visit www.tricare4u.com



Post refurbishes Guardrail, Mohawk aircraft

The aircraft displayed in front of the Intelligence School were just painted for the first time. "They had been laying in the sun forever. We wanted to do the right thing. We have to maintain them so they can continue to be there for people to enjoy," said Maj. Jorge Arredondo, secretary general staff, U.S. Army Intelligence Center. According to Arredondo, the Fort has plans to landscape around the aircraft and add solar lights within the next several weeks.

Photo by Rob Martinez

Health Center main entrance now open

By Thom Williams

Scout Staff

Raymond W. Bliss Army Health Center patients can now use the main entrance to the facility, following its closure for a six month renovation. Health Center staff opened the refurbished entryway Nov. 27.

As customers enter the facility, they will see a brand new medical records desk area.

To the left as you walk in the entrance, there is an ATM machine and a patient reading and waiting area.

A new coffee shop to be operated by the Army Air Force Exchange Service is scheduled to open in January. It is also located in the refurbished area where the pharmacy had previously been located.

The shop will offer a more extensive menu than before, including lunch items such as sandwiches, soups and salads.

"We improved the patient flow through the area and we reduced a lot of the congestion at the front entryway due to the pharmacy and the congestion through the clinic areas," said Lt. Col. Greg Swanson, deputy commander for Administration.

The Health Center is also adding a Health Education Resource Center in the newly renovated area.

"The intent here is to have computers and an attendant. Patients will be able to come in and research everything they need to know about their health," Swanson said "They'll be able to use that information when they visit with their physician to make better informed

decisions about their health care."

The Health Education Resource Center is also expected to open at the beginning of January.

Fort health care providers also closed the Military Medicine Clinic located at the corner of Hatfield and Winans Streets on Monday for a renovation. The clinic provided services to all servicemembers who are permanently assigned to the Post.

"That mission will move into the Health Center and we have clinic space designated away from the family care clinic where we will treat the military members," Swanson said.

The renovations at the MMC will include a 2,000 square-foot expansion and is expected to be completed in 12 to 18 months.

Army story is told to grassroots America

By Sgt. Keith Thompson

Army & Air Force Hometown News Service

There's not much excitement in Allie McClintock's life and that's the way she likes it. She's a small-town girl who likes living with the rest of the "small-town folks" in Madera, Calif. But if you ask her about her grandson, Staff Sgt. Raymond A. Matticks, she gets excited. She'll tell you all about his service with the 1st Infantry Division in Germany and tell you about the letters he writes and the frequent phone calls she gets from him — and with a little extra sparkle in her voice, she'll tell you about how her grandson made the front page of the *Madera County Times*.

Matticks is just one of the thousands of Soldiers

and airmen who's stories are featured every year by the Army and Air Force Hometown News Service based at Kelly Air Force Base, Texas.

The feature story and photos of Mattick's service as a part of KFOR strikes at the heart of the mission of Army Public Affairs — to tell the Army's story.

Hometown news, which has been in existence for almost 50 years, is a field operating agency supporting the Secretaries of the Army and Air Force Offices of Public Affairs. The small staff of Army and Air Force military and civilian personnel produces a variety of print and electronic news highlighting the accomplishments and activities of individual Soldiers and airmen

See **ARMY**, Page A14

Holiday decorating policy announced

Scout reports

In order to keep the spirit of the Christmas holidays, while remaining aware of the increased utility costs during the holidays, the garrison commander has determined that decorations shall be removed by Jan. 15.

Holiday lights shall not be turned on during daylight hours or left on overnight.

Directorate of Public Works officials remind everyone to exercise care when hanging decorations on your quarters; nails, screws, fasteners, etc. are not permitted to be used on exterior walls.

DPW staff wish everyone a happy and safe holiday.

COMMAND INFORMATION SURVEY

The Public Affairs Office wants to know how well you are able to get timely, up-to-date information on events and activities affecting the fort’s community. Your assistance is requested to help us with getting the word out on a routine basis by completing the survey below and returning it to the USAG Public Affairs Office, Bldg. 21115, ATZS-PA, no later than Monday, December 18.

DIRECTIONS: Unless otherwise instructed, circle the response that best describes your views.

1. Please select the answer that best describes your status.
a. Service member b. Family member c. Civilian or contract employee d. Retiree
2. If you (or your spouse) are a service member, please help us further identify the demographics of people being surveyed by selecting your pay grade.
a. O4 to O6, or CW4 to CW5 b. O1-O3 c. WO1 to CW3
d. E7 to E9 e. E5 to E6 f. E1 to E4 g. Other
3. Please select the answer that best describes your (or your spouse’s) organization/employment status on Fort Huachuca.
a. Student b. Instructor/cadre c. Tenant activity
d. Other (post support, directorate, etc.) e. Not applicable

In the past six months, have you used the following sources to obtain information about Fort Huachuca:

4. Chain of command, directors, leaders?
a. Yes b. No c. Some
5. Sierra Vista area radio stations?
a. Yes b. No c. Some d. Cannot get local radio stations where I live

6. Local (off-post) newspapers?
a. Yes b. No c. Some
7. Fort Huachuca Commanders Access Channel (CAC), Cox cable 97?
a. Yes b. No c. Some d. Cannot get the Commander’s Access Channel where I live
8. The Fort Huachuca Scout?
a. Yes b. No c. Some
9. Fort Huachuca Web site (huachuca-www.army.mil)?
a. Yes b. No c. Some
10. From Family Readiness Groups?
a. Yes b. No c. Some
11. From other sources. Please specify_____Sierra Vista Chamber (web site)
a. Yes b. No c. Some
12. In the past six months, do you think you have been adequately informed of: force protection measures, post happenings, events affecting Fort Huachuca, etc.?
a. Yes b. No c. Some
13. Please provide any additional comments you may have about how information is disseminated on Fort Huachuca.

RETURN TO: FORT HUACHUCA PUBLIC AFFAIRS OFFICE, ATZS-PA
3015 CARNAHAN STREET, BLDG. 21115
FORT HUACHUCA, AZ 85613-7027

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America Supports You: online program sends care packages to troops, families

By American Forces Press Service

Just in time for the holidays, Operation Homefront has launched “eCarePackage,” an online service that allows caring citizens to send care packages to deployed troops and their families.

Operation Homefront is part of CinCHouse.com, a community for military wives, and is a team member of America Supports You, a Department of Defense program connecting U.S. citizens with members of the military.

Servicemembers and families can register on www.ecarepackage.org, which protects their identity and location, and visitors can “adopt” them based on common interests. Then visitors select individual items to create a customized care package for their chosen servicemember or family and include a personal message. Operation Homefront’s team of volunteers takes the order, boxes the selected items and ships them directly to the servicemember or family — always protecting their identity and physical location.

“There’s nothing like a care package to cheer a deployed soldier or a lonely military family, especially during the holidays,” said Amy Palmer, executive vice

president of operations for Operation Homefront. “With operational security for the troops so tight, we were concerned that care packages weren’t getting through. So we built eCarePackage to ensure our troops and families continue to ‘feel the love’ from Americans.”

Items available in the eCarePackage store range from toiletries and necessities to games, books and candy. Most items were donated from sponsors, particularly The Dollar Tree, which runs its Operation Appreciation program in most stores nationwide. Donated items are not marked up, so eCarePackage visitors often pay only the cost of handling and shipping — making eCarePackage less expensive than doing it yourself. Moreover, Operation Homefront has partnered with DHL, which provides postal service to overseas troops, to ensure direct and timely delivery of all care packages to deployed troops.

The eCarePackage program is an extension of Operation Homefront’s mission to provide emergency support and morale to our troops, the families they leave behind during deployments, and wounded warriors when they return home. Operation Homefront recently signed a Memorandum of Understanding with the Defense Department to ensure greater collaboration.

Hazardous recall for Jingle Keys

Scout reports

The U.S. Consumer Product Safety Commission, in cooperation with RC2 Brands Inc., of Oak Brook, Ill voluntarily began recalling all toys produced under the Jingle Keys brand. Consumers should stop using recalled items immediately.

RC2 has received four reports of the products cracking. However, no injuries have been reported. It is possible the colored top portion of the keys can crack, resulting in the release of small parts, which poses a choking hazard to young children.

The toys were sold at AAFES and other department stores and independent toy stores nationwide from August 2005 through October 2006 under various names such as “Shake ‘n Jingle Keys,” “My Jingle Keys” or the John Deere “Real Keys.” All toy keys with the letter “F” in the date code stamp listed on the packaging and product are now involved in the recall. The date code can be found on the back of the remote control. Toy keys with “TE” in the date code or yellow sides on the remote are not included in this recall.

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From **COUPLE**, Page A3

that it was going to difficult and we put our sights on after our military careers,” Dahlin-Walker said.

The Walkers’ previous assignment was in Germany with the American officer stationed with the 1st Armored Division and the U.K. officer serving at Rheindahlen near Cologne. The pair would commute on the weekend to make the most of their situation.

In May 2005, the American Soldier was on a training event and was wearing a flack vest that was a size too big for her.

While she was running she felt like the loose equipment moved a tumor in her chest and the next day she said it hurt so bad she was in tears.

“It was an ultra sound that found it and they got the ball rolling pretty quick. Within a month I had been cut open and had my first chemo in Landstuhl, Germany,” Dahlin-Walker said.

“If it wasn’t for me wearing that flack vest that was too big I don’t know how long it would have been before we found that tumor.”

She was told that she was within about 60 days or less from stage three breast cancer where the cancer could have gone into other organs.

When Sid went to the doctors it was a hell of a blow,” said the native of Gateshead, England, outside Newcastle.

“And all I could do was as much as anybody can do is offer support and be there at all times.”

Landstuhl Regional Medical Center did not offer radiation treatment and she became non-deployable because of the illness.

Her husband had just gotten orders for Fort Huachuca so she managed to get assigned to the U.S. Army Intelligence Center and School.

Dahlin-Walker said she is not in remission but is on a very new drug called hercepin that decreases the risk of the cancer reoccurring or emerging somewhere else in the body. She does chemotherapy once a week at a facility in Sierra Vista.

Dahlin-Walker has more than 18 years of service in the military and began her career as an enlisted Soldier.

Walker has 27 years of service in the British Army. He entered the service as a private and has held every rank up to major.

Dahlin-Walker said professionally she wants to be part of helping to create a new counter intelligence agent and in her personal life when she retires she wants to write children’s books about tolerance of other cultures.

For relaxation, the couple likes to explore new places and share books.

“Having him here in the states where I grew up is so much fun because seeing all the old stuff through new eyes is so rewarding and he loves it,” said Dahlin-Walker.

“I love the area and I love the history and everything that goes with it,” Walker said. “To come here to cowboy country for me is absolutely amazing.”

This Christmas will be the first Dahlin-Walker has spent in the states in 11 years and she says she has a seven-foot tree under which to celebrate with family and friends.

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A family admires the Christmas tree during the annual Tree and Menorah Lighting celebration.

Fort kicks off holiday season

Story and photos by Rob Martinez
Scout Staff

The holiday season officially began with the annual Christmas Tree and Menorah Lighting Tuesday. Members and friends of the Fort Huachuca community gathered to view the lightings, snack on cookies and visit with Santa Claus.

The 36th Army Band enhanced the holiday spirit with performances of Christmas music.

After an opening prayer by Chaplain (Col.) Douglas Kinder, U.S. Army Intelligence Center and Fort Huachuca, Maj. Gen. Barbara Fast, commander, USAIC and Fort Huachuca, welcomed everyone.

"Happy Hanukah, happy Kwanzaa, happy anything, and happy New Year," Fast said. "And, you know the

neat part about this is that in the United States we can say all those things. In a lot of countries you can hardly say any of them. But here, that's what it's all about — freedom.

"That's where so many of our moms, dads, and brothers and sisters, and family members are right now — to help make sure we can always say those kinds of things."

Brett, 13; Cody, 10; Austin, 7; and Emma, 5, children of Sgt. 1st Class James Halvorson, platoon sergeant, Company B, 86th Signal Battalion, lit the tree. Halvorson is deployed to Iraq.

The lighting of eight electric candles on a large Menorah followed.

Heralded by the beeps and whirls of its siren, Santa arrived on a fire truck, with presents for the children.

Children weren't the only ones

receiving gifts. Members of the First Baptist Church gave free CDs of Christmas songs performed by the First Baptist Choir to Soldiers and family members.

"We produced this CD. We want our military families on Fort Huachuca who are serving our nation to know that we appreciate their service," said Will Bendall who is a retired Fort Huachuca civilian employee.

Sgt. Matthew Barton, 36th Army Band, brought his family to enjoy the celebration. It was their first tree lighting experience ever.

"It was pretty nice. It's a good looking tree. That was nice of them to do that. Santa Claus with all the presents for the kids, and the CDs, there seems to be a lot of generosity down here."



Santa heard wishes from all the children.



Guests of the Tree and Menorah Lighting celebration enjoy a snack.



Members of the 36th Army Band add a little holiday music to the celebration.

Military working dog laid to rest

Scout Reports

Staff Sgt. Wendy, 11, a military working dog, 18th Military Police Detachment, was laid to rest with full military honors beside other canine comrades at a ceremony next to the MP working dog kennel on Fort Huachuca Nov. 29.

Wendy, an explosives detection military working dog, began her Army training in 1995 and was assigned to Fort Huachuca in 1997. She deployed to Afghanistan in support of Operation Enduring Freedom in 2002 and received an Army Commendation Medal for her service there.

Wendy was a Belgian Malinois.



(Above) Spc. Anthony Cerasuolo and his military working dog Rob pay their final respects to Staff Sgt. Wendy.

(Left) Members of the Fort Huachuca Honor Guard "Rifles" fold an American flag over the grave of Staff Sgt. Wendy.

(Right) Staff Sgt. Ronald Southard (left), noncommissioned officer in charge of the Fort Huachuca Honor Guard presents a flag to Sgt. Garrett Davison, Staff Sgt. Wendy's most recent handler.

Photos by Thom Williams



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Range closures set

Thursday – AH, AK, AL, AP-1, AR, AU-1, AW, T1, T1A, T2
Friday – AH, AK, AL, AN, AP-1, AR, AU-1
Saturday – AL, AP-1, AR, AU-1, T1, T1A, T2
Sunday – AL, AR, T1, T1A, T2
Monday – AL, AX, AY
Tuesday – AL, AR
Wednesday – AB, AL, AR, AS, T1, T1A, T2
For more information on range closures contact Range Control at 533-7095. Closures are subject to daily change.

Motorcycle ride happens Saturday

A motorcycle gift giving Christmas ride to Nogales for lunch takes place at 11 a.m. Saturday starting at Jeannie’s diner next to the bowling alley. Cost to each rider is one gift and supports the Post Chaplain’s Christmas Giving Tree. All gifts will be given to children of Fort Huachuca Soldiers.
All riders must wear proper safety gear.
For more information, contact Ben Shepard at 533-3629 or e-mail Indianwarrior2000@hotmail.com.

Cavalry Park 5 utility project update

In conjunction with the ongoing construction project that will relocate overhead cables to underground in the Cavalry Park 5 Housing Area, access to Winrow Street will be restricted on Saturday and

Dec. 16. Construction requires Winrow, from Mizner to Madden, to be closed to all traffic with the exception of residents in the immediate area. This work will install the needed conduits for electric, cable TV, and telephone under Winrow Avenue.
Directorate of Public Works officials apologize for any inconvenience. For safety reasons, post officials recommend that residence and visitors limit use of the roads in the effected area during the construction.

Cavalry Association meets soon

The Fort Huachuca Cavalry Association will hold its annual membership and election meeting at 5:30 p.m. on Wednesday at Ricardo’s Restaurant, S. Highway 92 in Hereford.
Social hour begins at 5:30 p.m. followed by a buffet dinner. The meeting begins at 7:30 p.m.
The public is invited, especially those who love history and horses. The cost is \$18.35.
RSVP by Monday to Linda Paladin at 803-6823 or e-mail Ladin@powerc.net.

Community flu vaccination planned

Community flu vaccination takes place from 10 a.m. to 2 p.m. Wednesday at Cochise Theater.
All TRICARE Prime beneficiaries 18 and older, and Fort Huachuca DA civilians may receive the flu shot. Bring DoD ID card and yellow shot record.
More information is available on the flu hotline at 533-2997.

MOAA to hold Christmas dinner

The Military Officers Association of America, Coronado Chapter will hold its annual Christmas dinner on Wednesday at 6 p.m. at the Thunder Mountain Activity Center. Dancers from the Alma Dolores International Dance Centre will provide entertainment. The cost is \$20 per person including dinner. Dress is casual.
Contact Allen Rossow at 439-4144 or alrossow@cox.net by noon on Friday for reservations.

B.O.S.S. to offer gift wrapping

Better Opportunities for Single Soldiers will offer gift wrapping services Sunday at the Post Exchange.
For more information, call Sgt. Jack Wright at 533-6602 or e-mail jack.t.wright@hua.army.mil.

Leave donations sought

The following Department of the Army civilians on Fort Huachuca are currently on the Leave Donor Program and need leave donations: Michael Clark, DPS; Alicia Doyle, WCPOC; Linda Haldorson, MEDDAC; Pamela Hastings, CA/ITEC-4; Kristie Jansen, 111th, IEW; Aline Knight, IG; Shirley Michaud, DOIM; Kimberly Outlaw, DPS; Susan Pester, MEDDAC; Scott Van Voorst, FUTURES.
Contact the Civilian Personnel Advisory Center at 533-5273 for more information on how you may donate.

It’s okay for people to agree to disagree rather than need to win

By Chaplain (Lt. Col.) Mark Zerger
11th Signal Brigade

While there are times I “want to win” an argument or issue, this “rule” of “Agree to Disagree” is by far one of the greatest we can learn. Working with a diverse group of people as we do in the Army, we are going to come to a time of disagreement that can either cause harm or growth.
By “agreeing to disagree,” we can work together for a solution or come to a compromise much quicker, and remain much more healthy - physically, mentally, emotionally, and spiritually, than digging in for combat and lobbing in emotion filled grenades and waiting to see who survives - and hoping it is us.
It’s like “no fault insurance.” I believe this; you

believe that. As long as no broken bones or blood are involved, we have the opportunity to speak our mind on the matter and be assured that we will maintain our dignity and respect, as well as protect the dignity and respect of the person we are in discussion with at the time. In psycho-babble terms, it is a “win-win” situation. We may also learn through the discussion a better way to handle the issue.
So, in matters of the heart, of finances, of family, and even the church, I offer you a way to come closer together than you may have believed possible. “Agree to Disagree,” place your “cards” on the table and look at the “hands” dealt to each member in the discussion. Respect the views of others, as they will respect yours. Come to an agreement - which may not

always be the “final answer,” but at least points you in the right direction - and then act on whatever part is possible, making adjustments as necessary.
You may not only learn to solve the problem better, but also learn that other people have much to offer which will free you of the need to control and and worry over a problem. You may also discover that part within you which is Christ-like in that you are more concerned with the value of the “other” than of your “self.” And in releasing your “self,” you and the “other” grow more closely together for the good of everyone involved. Who knows; if everyone listened to each other the world may grow to be a true place of peace and harmony - at least the part in your area of operation!

Protestant Sunday Services			Women’s Ministry Bible study		Sunday		9 a.m.		Latter Day Saints Service	
9:00 a.m.	Gospel		1st, 3rd Friday	6 p.m.					Sunday	1 p.m.
9:30 a.m.	Protestant		Bible Study/Choir Practice		Catholic				Youth Ministries	
11 a.m.	Cross Roads		Thursday	6 p.m.	• CCD		Sunday	10:45 a.m.	• Middle school	
11 a.m.	Collective Protestant		Ministerial Staff Training		• Adoration of the Blessed Sacrament				Sunday	
			Tuesday	6 p.m.	Friday 3 - 6 p.m.				4 - 5 p.m.	
			Men’s Choir Rehearsal		• MCCW		1st Friday	9 a.m.	• High school	
			Tuesday	7 p.m.					Sunday	
			Youth Fellowship		Korean				5:30 - 7 p.m.	
			3rd, 4th Saturdays	8:30 a.m.	Choir practice		Friday	6:30 p.m.		
			Women’s Choir		OCIA		Friday	7 p.m.		
			2nd Tuesday	7 p.m.	Muslim Prayer					
			Women’s Choir		Friday					
			5th Saturdays	11a.m.	Orthodox Divine Liturgy					
			Youth Church		1st & 3rd Sunday				9:30 a.m	
			1st, 2nd, 3rd, & 5th							

Legend
Main Post
Main Post, Room 24
Main Post Blessed Sacrament Chapel
Prosser Village
Kino Chapel
Eifler

Advertisement

From **ARMY**, Page A4 —————
all over the world.

Hometown News Release

The Hometown News Release, DD Form 2266, is a quick and simple way to showcase the activities and accomplishments of Soldiers and airmen. Service members simply fill out a form and forward it through their public affairs office to the Hometown News Service. The service uses the form to produce a news release and market it to newspapers in locations where the service member has family ties.

Last year, the program mailed out more than 600,000 releases to hometown newspapers.

In an effort to make the Hometown News Release program even easier and more convenient for Army and Air Force personnel, Hometown News has developed a new automated form that Soldiers and airmen can fill out via the Internet.

“Soldiers can fill out their DD Form 2266 on-line, saving time, paperwork and expediting the news release process,” said Gerry Proctor, Hometown News marketing branch chief. “It’s easier to put the spotlight on your troops.”

Holiday Greetings

Holiday Greetings are short, 10- to

15-second video and radio messages from service members stationed overseas who won’t be home with their families during the holiday season.

The greetings are released to the service member’s local commercial TV and radio broadcast stations. This year, more than 8,000 holiday greetings were produced and sent to more than 1,100 TV stations and more than 900 radio stations.

In addition to the Holiday Greetings teams that travel the globe to collect messages,

Hometown News has introduced technology to the popular program. Soldiers and airmen can now go on-line to send a holiday message to their hometown newspaper using the Hometown News Internet site “HometownLink.”

“Greetings are a way for service members who are far away from home to be with their families and friends during the holidays,” said Army Staff Sgt. Kat Flanagan, chief of the Hometown News Radio Branch, and two-year veteran of the Holiday Greetings program. “If they can’t be with the person they love, a video is the next best thing.”

Hometown Print Features

Print feature teams travel worldwide,

interviewing Soldiers and airmen on their participation in Army and Air Force missions worldwide. These in-depth personality features, which normally result in a one-half to full page spread, are generated from interviews conducted at field locations around the world, and include a personal photo of each individual and several “stock” photos of the mission or storyline. Currently, more than 10,000 newspapers subscribe to the service.

A typical print features release, like one done recently on 101st Airborne Division Soldiers serving as part of the Multinational Force and Observers in the Sinai, yielded a total estimated readership of more than 4.2 million readers.

“Print feature teams are a way to provide local newspapers with their own foreign correspondents to cover one of their local son’s or daughter’s involvement in the Army’s and Air Force’s global missions,” said Air Force Senior Airman André Sanders, a Print Features journalist. “Print features puts a local face on a global mission.”

Hometown Broadcast News

Video news releases are 90-second feature stories on Soldiers and airmen around the world involved in newsworthy events. Stories are marketed to more than

900 television and cable broadcast outlets in service members’ hometowns.

Radio news releases are crisp, concise, 60-second bites of information that give the hometown audience a glimpse of a national or international event through the voice of a local Soldier. Radio matches a local voice to a story to give it public interest. Close to 3,000 radio stations nationwide subscribe to the hometown news service.

A typical broadcast feature, like one done recently on Soldiers at the Defense Language Institute in Monterey, Calif., yielded a story broadcast into an estimated 3.6 million homes. “We’re the only organization in the military that caters exclusively to the outside media,” said Army Sgt. 1st Class Darryl Leonard, Hometown News Television Branch. “Our job is to tell the story of the local military hero through TV.”

Although Madera is just a small California town a little northwest of Fresno, Allie McClintock and the rest of the “small town folks” she calls friends, are in touch with the Army’s global mission through a hometown hero who made it to the front page of the county newspaper with a little help from Hometown News.

Advertisement

From **HOLIDAY**, Page A2

some presents early.”

We then went to the post exchange where I had the girls select outfits, shoes and one toy each. We had them wrapped in holiday decorations, and they kissed me on each cheek and thanked me, proclaiming, “You’re the best Daddy in the whole world!” I told them they were the best daughters in the world.

As I drove, I heard the girls in the back seat chattering about “their” gifts. As we stopped at a building unfamiliar to them, Jasmine asked where we were going. I said, “It’s a surprise. Let’s get all the presents out of the car.”

“Are we taking them back?” Paris asked with a frown on her face and shades of a tear forming in her eyes. I kissed her forehead, smiled and shook my head no.

A smiling woman greeted us at the door. She asked us to leave our presents under a huge tree. Jasmine tugged at my jacket and whispered, “Daddy, we should put our names on our stuff so it doesn’t get mixed up with their stuff.” I smiled and assured her

everything would be okay.

The woman welcomed us to the homeless shelter. Jasmine and Paris held my hand while the woman took us on a tour of the facilities. Adults smiled, and children stared at us. I read holiday stories to the children and sang holiday tunes with the residents. Always the “social butterflies”, Jasmine and Paris ventured out and played with the others. We ate lunch with our new friends and stayed most of the afternoon.

At the end of the day, we headed to the parking lot. With a knowing wink to me, the woman reminded us to retrieve our presents. Jasmine and Paris looked at the tree and then each other. They huddled and whispered for a few minutes. Paris motioned with her index finger for me to join the huddle.

“Daddy, can we leave our presents here with our new friends?” Jasmine asked.

“They don’t have as many presents as I have ‘cause Santa ‘can’t know how’ to find them,” Paris said in her most serious voice.

I smiled and thought to myself, “Lesson learned.”

Let’s not make this a ‘why’ holiday.

Here’s how you can help in the community:

- Sponsor/adopt a deployed unit. Soldiers love to receive letter, cards, non-perishable snacks, batteries (AA and C), stress balls, holiday decorations, cake mix and frosting, small flashlights, recent magazines, books and movies. Contact the unit headquarters or the 86th Signal Battalion Family Readiness Group (Debra Vernon 458-4221 or e-mail ldvernon@cox.net) for specific instructions on how to make this happen. Also go to www.americasupportsyou.mil for information on how to send messages and make donations.

- The Post Chaplain’s Office sponsors The Giving Tree. They provide toys, bicycles and shoes for military children. Soldiers, contractors and Department of the Army civilians donated 89 bikes last year, and hope to donate 100 this season by Dec. 13. Contact Jo Moore at 533-4748 for more information.

- Post Army Community Service has Holiday Food Vouchers for military families to purchase holiday dinner items. Contact Pam Allen at 533-5919.

Advertisement

... and stockings were hung by the chimney with care ...



... O little town of Bethlehem how still we see thee lie ...



(Two photos above) This holiday display was viewed by visitors of the Michie House, occupied by Command Sgt. Maj. Douglas and Sara Sandstrom.

... right down Santa Claus lane ...



This holiday display was viewed at the Schuyler House, occupied by Col. John and Paula Hildebrand.

... O Christmas tree, O Christmas tree ...



This tree is displayed at the Winans House where Col. Mary Beth and Steve Shively reside.

... Deck the halls ...



This is the cozy sitting room of Command Sgt. Maj. Douglas and Sara Sandstrom, who reside in Michie House.



Patrons line up for the Christmas tree display.

HOLIDAY TOUR OF HISTORIC HOMES FOR HOLIDAY

by and photos by Anthony Reed

The Holiday Tour of Historic Homes was held Sunday as more than 600 visitors walked into the homes occupied by senior military families. The tour was led by the garrison command sergeant major along with the tour coordinator.

The Holiday Tour of Homes is an annual event to give visitors a unique and fun glimpse for the military and community of the historic buildings on post," said Mangelndorf, tour coordinator for the Fort Huachuca Community Spouses' Club.

According to Mangelndorf, there were 14 homes on the tour — five single-family dwellings and nine duplexes. Though all are decorated for the holidays, each home reflects the different personalities and roots of each resident.

"Each family resides in each dwelling," Mangelndorf said. "The furniture and all decorations are unique to individual families. These are not 'model homes.' These homes, though historic,

reflect how the families actually live. There are pets, children, holiday decorations passed down from their families, as well as mementos collected throughout their military travels."

One of the most popular attractions was the Pershing House, where post commander, Maj. Gen. Barbara Fast resides with her husband Paul.

"Everyone wants to see how the general lives," Mangelndorf said. "Many are surprised to see she is more like 'regular folks' than they previously imagined."

Though the tour was the main event, holiday carolers sang throughout the neighborhood, the post Boy and Girl Scout packs were on hand, as well as a "bakery tent" providing refreshments.

Mangelndorf was happy with the turnout, but even more grateful for the support.

"I have had the privilege to work with a wonderful committee of volunteers and residents who have gone above and beyond to make this event successful, and some great organizations who contributed time and effort to support the tour," she said.



Christian Graves, 10, serenades visitors of the Winans House, occupied by Col. Mary Beth and Steve Shively during the Holiday Tour of Historic Homes.



Up to visit Pershing House, where post commander, Maj. Gen. Barbara Fast, resides with her husband Paul.



Pfc. Dale Pendleton of Company E, 309th Military Intelligence Battalion, plays holiday tunes at Schuyler House during the Holiday Tour of Historic Homes.

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Service News

Ultimate sacrifice in support of Global War on Terrorism

Spc. Chris Kleinwachter, 29, of Wahpeton, N.D., died Nov. 30 in Ghazni, Afghanistan, of injuries suffered when his vehicle rolled over during combat operations. He was assigned to the 1st Battalion, 188th Air Defense Artillery, Grand Forks, N.D.

Two Soldiers died Nov. 28 in Logar, Afghanistan, of injuries suffered when an improvised explosive device detonated near their vehicle during combat operations. Both Soldiers were assigned to the 230th Military Police Company, 95th Military Police Battalion, 18th Military Police Brigade, Kaiserslautern, Germany.

Killed were:

Staff Sgt. Michael Shank, 31 of Bonham, Texas.

Spc. Jeffrey Roberson, 22, of Phelan, Calif.

Spc. Christopher Mason, 32, of Mobile, Ala., died Nov. 28 in Bayji, Iraq, of injuries suffered when his unit came in contact with enemy forces using small arms fire while on patrol. He was assigned to the 1st Battalion, 505th Parachute Infantry Regiment, 3rd

Brigade, 82nd Airborne Division, Fort Bragg, N.C.

Lance Cpl. Michael Schwarz, 20, of Carlstadt, N.J., died Nov. 27 from wounds suffered while conducting combat operations in Al Anbar province, Iraq. He was assigned to 1st Battalion, 6th Marine Regiment, 2nd Marine Division, II Marine Expeditionary Force, Camp Lejeune, N.C.

Three Soldiers died of injuries suffered when an improvised explosive device detonated near their vehicle Nov. 26 in Baghdad, Iraq.

Killed were:

Capt. Jason Hamill, 31, of New Haven, Conn.

1st Lt. David Fraser, 25, of Texas.

Pvt. Joshua Burrows, 20, of Bossier City, La.

Hamill and Fraser were assigned to the 3rd Battalion, 67th Armor Regiment, 4th Brigade, 4th Infantry Division, Fort Hood, Texas.

Burrows was assigned to 1st Battalion, 8th Cavalry Regiment, 2nd Brigade, 1st Cavalry Division, Fort Hood, Texas.

Sgt. Jeannette Dunn, 44, of Bronx, N.Y., died Nov. 26 in Taji, Iraq, of injuries suffered from a non-combat related injury. She was assigned to the 15th Sustainment Brigade, 1st Cavalry Division, Fort Hood, Texas. The incident is under investigation.

1st Lt. Benjamin Keating, 27, of Shapleigh, Maine, died Nov. 26 in Kamdesh, Afghanistan, of injuries suffered when his vehicle turned over. Keating was assigned to 3rd Squadron, 71st Cavalry Regiment (Reconnaissance, Surveillance, Target Acquisition), 3rd Brigade Combat Team, 10th Mountain Division, Fort Drum, N.Y.

Staff Sgt. Daniel Morris, 28, of Clinton, Tenn., died Nov. 25 in Al Judiah, Iraq, of injuries suffered when an improvised explosive device detonated near his vehicle. He was assigned to 1st Squadron, 12th Cavalry Regiment, 3rd Brigade, 1st Cavalry Division, Fort Hood, Texas.

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Advertisement

From **SERVICE NEWS**, Page A20

2nd Lt. Scott Lundell, 35, of Hurricane, Utah, died Nov. 25 in Oruzgan Province, Afghanistan, of injuries sustained when his unit came in contact with enemy forces using small arms fire and rocket propelled grenades while on patrol during combat operations. He was assigned to I Corps Artillery, Utah National Guard, Camp Williams, Utah.

Cpl. Michael Ledsome, 24, of Austin, Texas, died Nov. 25 while conducting combat operations in Al Anbar province, Iraq. He was assigned to the 3rd Battalion, 2nd Marine Regiment, 2nd Marine Division, II Marine Expeditionary Force, Camp Lejeune, N.C.

Lance Cpl. Jeromy West, 20, of Aguanga, Calif., died Nov. 25 while conducting combat operations in Al Anbar province, Iraq. He was assigned to the 2nd Battalion, 3rd Marine Regiment, 3rd Marine Division, III Marine Expeditionary Force, Kaneohe Bay, Hawaii.

Cpl. Nicholas Rapavi, 22, of Springfield, Va., died Nov. 24 from wounds sustained while conducting combat operations in Al Anbar province, Iraq. He was assigned to the 2nd Battalion, 8th

Marine Regiment, 2nd Marine Division, II Marine Expeditionary Force, Camp Lejeune, N.C.

Cpl. Nathan Goodiron, 25, of Mandaree, N.D., died Nov. 23 in Qarabagh, Afghanistan, of injuries suffered when his unit came in contact with enemy forces using small arms fire and rocket propelled grenades. He was assigned to National Guard's 1st Battalion, 188th Air Defense Artillery, Grand Forks, N.D.

Sgt. 1st Class James Priestap, 39, of Harwood, Mich., died Nov. 23 in Baghdad, Iraq, of injuries suffered when he came in contact with enemy forces using small arms fire during check-point operations. He was assigned to the 46th Military Police Company, Kingsford, Mich.

Two Marines died on Nov. 22 while conducting combat operations in Al Anbar province, Iraq.

Killed were:

Lance Cpl. James R. Davenport, 20, of Danville, Ind.

Pvt. Heath D. Warner, 19, of Canton, Ohio
Both Marines were assigned to the 2nd Battalion, 3rd Marine Regiment, 3rd Marine Division, III Marine Expeditionary Force, Kaneohe Bay, Hawaii.

Veterans Day patch, ceremonies exemplify pride in past, present

By **Sgt. KaRonda Fleming**

Anaconda Times

210th Mobile Public Affairs Detachment, Iraq

Soldiers of the 657th Area Support Group gathered at the Morale, Welfare, and Recreation Center East to receive proper authorization to wear their combat patch during a Veterans Day observance.

It began 88 years ago, on the 11 hour of the 11 day of the 11 month, which was then called Armistice Day, the temporary end of hostile fire, between Germany and the allied nations, said Col. Stephen Nakano, commander of the 657th ASG.

World War I ended at that time, and Armistice Day was later named "Veterans Day to honor American veterans of all wars," he said.

The 657th ASG Soldiers are now authorized to wear the 13th Sustainment Command (Expeditionary) combat patch on their right shoulder sleeve, said Command Sgt. Maj. Jorge Young, command sergeant major of the 657th ASG.

Young said "You have served with distinction and honor in the United States Army, and were deployed directly in support of the global war on terrorism."

Advertisement

December events planned at Mountain View Golf Course

Mountain View Golf Course will hold a holiday sale from Monday through Dec. 17. Daily specials will be offered on most items in the store. Dec. 17. Everything in the shop (excluding Ping Products) will be discounted five percent.

Patrons are invited to register for a prize drawing, to be held at 3 p.m. Dec. 17. No purchase is necessary to register.

MVGC will offer a free adult golf clinic for beginners from 10 to 11 a.m. on Dec. 23. The free use of clubs and range balls are included.

The clinic will teach the basic fundamentals of the swing and the game of golf. An orientation explaining how to use the facility and what programs are available will also be covered.

No reservations are necessary for the free adult clinic.

The Year-End Tournament at MVGC will be held beginning with a 9 a.m. shotgun start Dec. 30. The format will be a four-person, pick-your-own team, scramble.

Cost will be \$25 for MVGC members and \$40 for non-members. This fee will include green fees, lunch and prizes. Cart rental is not included.

MVGC is a high desert, 18-hole championship course that is open to the public seven days a week.

The golf course is open 364 days a year, closing only for Christmas Day.

The pro shop is located at Building 15479 and the golf course is accessible to everyone from Wilcox

Avenue off the Buffalo Soldier Trail. The public is welcome to use the course.

For more information about any of these events or to make a tee time, call 533-7088.



MWR courtesy photo

Beginner's trap, skeet clinic offered

The Sportsman's Center will offer a trap and skeet clinic for beginners starting at 10 a.m. on Saturday.

The cost of the class is \$10 and includes certified instruction, gun rental, ammunition (25 shells), range fees and ear protection. Everyone is welcome.

For more information, call 533-7085.

Register to win at Jeannie's Diner

From tomorrow through Dec. 14, active duty military are invited to stop at Jeannie's Diner and register for a holiday stocking full of goodies. The drawing for the stocking will be held between 11:30 a.m. and 12:30 p.m. Dec. 15. The winner must be present during this time in order to claim their prize.

For more information, call 533-5759.

New classes held at MWR Arts Center

The MWR Arts Center offers a variety of classes for all ages, from children to adults.

A new class in candle making, using all natural soy products, will be offered from 6 to 7:30 p.m. Wednesday and Dec. 20. Cost of the class is \$10 per session and includes all materials.

As of January, 2007, the Arts Center will partner with the Child and Youth Services SKIES Unlimited program to present Little Hands art and craft classes for children 5 to 12.

Registration for January classes is underway at the CYS Central Enrollment Registration Office at Murr Community Center. For more information about these

classes or registration procedures, call 533-0738.

For more information, visit the Arts Center at the corner of Hatfield and Arizona Streets, Building 52008, or call 533-2015.

Hay ride planned here on Dec. 14

Buffalo Corral Horseback Riding Stables will hold a holiday caroling hay ride from 5 to 7 p.m. Dec. 14.

The hay ride begins at Brown Parade Field, and proceeds through the housing area here.

The cost is \$10 per person. A family of four can attend for \$35. Cost for each additional child is \$8.

Reservations and payment must be made by close of business Wednesday. No money will be handled the night of the ride.

Buffalo Corral is located off Canelo Road in the foothills of the Huachuca Mountains.

The corral offers open riding, riding classes for private or group instruction, and a private mount area, in addition to trail rides.

For more information on the hay rides, or other services offered by Buffalo Corral, call 533-5220.

Cardio kickboxing happens at BFH

The Sports and Fitness Branch of MWR will offer cardio kickboxing class from 5:30 to 6:30 p.m., Mondays and Wednesdays; and from 5:30 to 6:15 p.m., Tuesdays and Thursdays, at Barnes Field House.

These classes are offered free of charge. For more information call Alyssa Neider at 533-0041.

Special child care hours offered

Reservations are being taken at the Child and Youth Services Central Enrollment Registration Office at Murr Community Center for special child care hours.

Additional child care hours will be offered in December to provide parents the opportunity to do holiday shopping.

Child and Youth Services will offer child care from 9 a.m. to 4:30 p.m. Dec. 16 at the School Age Services Building 52056, next to the Post Exchange.

The cost is \$3 per hour for the first child, \$2 per hour for the second child and \$7 per hour for a family of three or more children. Reservations and registration are required by Friday. Infant space is limited.

In order for this child care time to be offered, a minimum of 25 participants must be registered.

For more information or to register, call the CER Office at 533-0738.

Racquetball coaches' meeting set

The coaches' meeting for the 2007 Intramural Racquetball Program will be held at 6 p.m. Wednesday at Barnes Field House.

Letters of intent for units wanting to enter a team into the program are due at that time. Team rosters are due by Dec. 20.

The program will begin Jan. 8. This is a minor Commander's Cup sport.

For more information, call Tom Lumley at 533-5031 or e-mail: thomas.lumley@hua.army.mil.



Fort Huachuca Directorate of Morale, Welfare & Recreation

The Directorate of Morale, Welfare & Recreation is responsible for content appearing on the MWR page in The Fort Huachuca Scout. Questions about this section should be directed to MWR Marketing Director, Paula German at 538-0836 or send an e-mail to paula.german@hua.army.mil or visit us on the Web at mwrhuachuca.com

The Scout TimeOut

Two from Fort Huachuca earn honors in Army Arts, Crafts Contest

Scout reports

A family member and Soldier from Fort Huachuca placed second and third respectively at the annual Army Arts and Crafts Contest held in Alexandria, Va. last month. Sara Hansen earned second-place accolades and \$200 for "Beauty Without Love" in the Novice Ceramics Category while Sgt. Christian Leathers brought home third place and \$100 in the Accomplished Oil Painting Category for 'Peppers.'

There were 385 entries from military installations around the world, including 253 in the novice division and 132 from accomplished artists. First-place winners received \$300, runners-up \$200, and third-place finishers \$100. All participants received certificates of excellence.

The Army Arts and Crafts Contest is an annual, juried competition of two- and three-dimensional artwork with separate categories for novice and accomplished artists and craft-people. Their work is entered in categories for ceramics, drawings, fibers and textiles, glass, metals and jewelry, oil-base painting, water-

base painting, wood, and mixed media, both two- and three-dimensional.

Those whose skills have not been acquired in formal education leading to college credit or a degree can compete in the novice division. The accomplished division is for competitors who have gained skills and knowledge through formal courses leading to credit in college or art schools.

Authorized Morale, Welfare and Recreation patrons, with the exception of employees of the Army Arts and Crafts program, are eligible to enter the annual Army Arts and Crafts Contest. All submissions must be the entrant's original work and must be completed within 24 months

of the beginning of the contest year. The submission deadline for the 2007 Army Arts and Crafts Contest is May 25.

"The MWR Crafts Center has been an invaluable resource to me while stationed at Fort Huachuca," said Leathers. "I strongly encourage any Soldier with any interest in the arts to utilize these extensive programs and facilities."

"The MWR Crafts Center has been an invaluable resource to me while stationed at Fort Huachuca."

Sgt. Christian Leathers



Courtesy Photo

Sgt. Christian Leathers proudly display his painting 'Peppers' that earned him third place honors at the recent annual Army Arts and Crafts Contest held in Virginia.

Fit for Life

Recognize, cope with depression during holidays

By George Colfer, Ph.D.

Special to the Scout

Everyone is somewhat familiar with the word 'depression.' Many of us at some time in our life will experience the effects from depression whether it is incident caused, short-term or long-term clinical depression.

The winter holiday period, for various reasons, can cause short-term depression for many people. This is the period from about mid November until after the new year.

Before going further, holiday depression is short term. If long-term depres-

sion exists or continues, one should seek help. While many symptoms of holiday depression are similar to the clinical type, differences do exist mainly in the fact that holiday depression usually ends and life returns to normal. Some of the signs of clinical depression are:

- A persistent sadness, an empty or anxious mood.
- Loss of interest in usual activities, no enjoyment in life.
- A decrease in energy or a feeling of being constantly fatigued.
- Problems with sleeping and eating.
- Inability to concentrate or make decisions.

• Thoughts of death, guilty feelings and a pessimistic outlook on life.

• A complete feeling of helplessness to solve or remedy the situation.

If you are profoundly unhappy and at a loss for answers, clinical depression may be the reason. Depression is the result of an imbalance in the brain and can be treated with professional help. It is not a sign of weakness to seek assistance.

Holiday depression is sometimes caused by the effects of excess stress put upon people by unrealistic expectations for the holiday season. The "blues," as some call it, usually begins with sad-

ness at a time when everyone thinks you should be happy. Some external causes for the holiday blues would include financial constraints, over-commercialism, travel, shopping demands, overcrowding with house guests, social demands and even meal preparation for larger groups. Some forms of holiday depression can surface from celebrations. Excessive drinking, overeating and insufficient sleep all can contribute to stress and tension.

Have you ever heard the saying the anticipation was greater than the event?

See FIT, Page B2

Scouting brings parents, youth, church together

Scout reports

Parents are encouraged to consider Boy Scouts of America for their sons (and daughters).

The purpose of the Boy Scouts of America is to provide an educational program for boys (some girls) and young adults to help build character, train in the responsibilities of getting involved, citizenship, and to develop personal fitness.

Programs offered by BSA include:

- **Tiger Cubs** for 1st grade (6- and 7-year-old boys) who participate with adult partners. The program emphasizes shared leadership, learning about the community and understanding.

- **Cub Scouts** for boys in 2nd through 5th grade (8-10 years old) is a

home-centered program that develops ethical decision-making skills. The activities emphasize character development, citizenship training and personal fitness.

- **Webelos Scouts** for boys in 4th and 5th grade (10-year-olds) is a home-centered program that is a stepping stone from Cub Scouts and a great pre-requisite for becoming a Boy Scout.

- **Boy Scouts** for boys age 11 to 17, is a program designed to achieve the aims of Scouting through a vigorous outdoor program and peer group leadership with the counsel of an adult Scoutmaster.

- **Varsity Scouting** is an active, exciting program for young men 14 through 17 built around advancement, high adventure, personal develop-

ment, service and special programs and events.

- **Venture Scouting** is for young men and women who are 14 years old (and have completed the 8th grade) through 20 years old. They provide positive experiences through exciting and meaningful youth-run activities that help them pursue their special interests, grow by teaching others, and develop leadership skills.

The Scouting program is only as good as its adult leadership. The BSA provides training and guidance to adult volunteers.

If you have questions about Scouting, or want to know where the nearest unit meets, please contact Anthony Reed at (520) 234-4302 or anthony@catalinacouncil.org.

From FIT, Page B1

When great expectations are anticipated and don't occur or do occur with problems, people are often left with feelings of guilt and remorse which can cause temporary feelings of depression.

While the holiday period is advertised as a time of great joy and togetherness, it's not so for many people. In fact, the holiday period can be a time of extreme loneliness. Loneliness may be self-inflicted or the result of life changing events. Either way, the depression that occurs is the same. One can be lonely even in a crowd. The concept of forming new relationships or surrounding yourself with people does not always work. Loneliness occurs for a reason, and to confront that reason is often the way to eliminate it. Loneliness can also result from unavoidable separations from family and friends, the absence of holiday traditions and even boredom.

The holidays can also be a time for self-evaluation, reflections upon the past and anxiety about an uncertain future.

People can also be affected by the holiday blues when their routines of life are disrupted. We tend to

become creatures of habit and when it is not possible to follow normal patterns, depression may occur. Whether it is living conditions, eating habits, work or play, temporary changes in lifestyle may leave a person yearning for a return to normality. Also, some people have difficulty when they are not able to be in control as they are used to.

Military personnel are very susceptible to the holiday blues. The obvious reason is separation from home and family and in some cases uncertainty about the future. Often the bonding and comradeship established, especially with those deployed, may take the edge off the blues as they realize they are not the only ones affected. Back in the late 1960s, a Marine Corps friend returned home for "R and R" during the holiday period only to cut his leave short because he couldn't relate to the Christmas holidays at home. "There was a war going on," he said, "and Marines were dying and being wounded and all they (family, friends) were concerned about was having enough food and drink, and what to get Uncle Henry for Christmas because

he never liked anything. Somehow I couldn't connect with their feelings of Importance."

The environment can also be a factor. While not a problem in Arizona, some people will suffer from the absence of sunlight. Certain areas of the country, where the winters are long and sunlight is scarce are more prone to winter and Holiday depression than those in sunny states. For example, statistics show that 10 percent of Alaska residents suffer from winter depression as compared to one percent of Florida residents.

If holiday depression becomes a problem, here are some suggestions that may help.

- Keep stress levels low. Stress can precede depression.

- Keep expectations for the holidays attainable and reasonable. Expectations that are too high can lead to disappointment.

- Set realistic goals for travel, how time will be spent, gift-giving, expenses and lifestyle changes.

- Take care of your body. Eat healthy, drink plenty of water, exercise and get sufficient sleep. Don't over indulge in food or drink.

- Put mind over matter, take control and do what it takes to keep holiday depression away.

- It's all right to be sad as long as there are reasons. Grief is normal, but keep it in proportion to the circumstances. Grief out of control can become depression.

- Get lots of sunlight and the outdoors. Surround yourself with brightness such as bright colored flowers.

- Exercise can decrease stress and depression. If your normal routine is not available, seek alternatives.

- Spend time with people you can be happy around.

- Try something new. Celebrate the holidays in a different or unique way. If loneliness is a factor, do something for someone else. Even a small gesture can produce surprising results.

- Don't live in the past. Life brings change. Each Holiday season is different and can be enjoyed in its own way. Don't set yourself up for holiday depression by always comparing the present to the "good old days."

Best wishes to all for a happy holiday season and a successful new year.

Chalk Talk

Johnston School

Fatima Baeza's and Georgia Bernheim's classes are two of four second grade classes that demonstrate they have the passion to care as they collect non-perishable food items for the Army Community Food Bank as part of their holiday outreach. The students are also writing letters and making holiday cards to send to soldiers in the 86th Signal Company in Iraq and Afghanistan. They are also gathering small personal items to send with the cards. This is an important community effort as some of the students' parents are deployed there.

As the holidays approach, reading and writing will focus on celebrations in other countries, and writing personal narratives telling how each student celebrates with his or her family.

Our Holiday Celebrations by Deyvid Thompson, Grade 2

My favorite holiday is Christmas. My family celebrates Christmas in many ways. We light our candles. We open the Advent calendar. There's hard candy instead of chocolate in it. We put up our trees and my favorite ornament is the M & M one. I think I got it from Texas. It was from J.C. Penney's. We stay in Texas and see my Abuelita Lupe and my Abuelito Jose. We go to Rio Vista and eat good food and play games. As you can see, I really like Christmas in Texas, and I miss my abuelitos very much. I like it when we are all together.

Our Holiday Celebrations by Kirsten Wiman, Grade 2

Our favorite holiday is Christmas. We celebrate in different ways. The way we start the season is by decorating the house with a bunch of lights. Then we go and buy a fresh tree. After that we put the tree up and put the ornaments on. My favorite ornament is from the Cat in the Hat. It is Thing 1 and Thing 2. Then we put lights on the tree. Last we put on the candy canes, and the angel. We have our Christmas dinner. We will have some leftover turkey and pie. Then we leave some cookies and milk for Santa. As you can see, I will be happy because my dad will be here, and we'll be together again.



Photos are courtesy of the Las Cruces Convention and Visitors Bureau

Las Cruces hosts King Tut exhibit, more

Scout reports

Few museum exhibits generate as much excitement as those of the ancient Egyptian pharaohs that circulate ever so often throughout the country. An opportunity to re-visit the earliest of civilizations has come to the Southwest once again. More than 100 incredibly reproduced artifacts collected from King Tutankhamun's tomb will be on display in the Brannigan Cultural Center, in Las Cruces, New Mexico, from Oct. 13 through Jan. 31.

King Tut's tomb was discovered in 1922 by Howard Carter and the pieces show the history of the pharaoh's reign. The artifacts are the only detailed and handcrafted replicas of the original items from the tomb. This dazzling collection of masterworks created by artisans of the Pharaonic Village in Egypt, under the supervision of the Field Museum, and Metropolitan Museum of Art recreates the richest archaeological find of all time.

Beyond King Tut and his traveling relics, Las Cruces has been the crossroads for generations of visitors with much to offer. The town began as a small village in the Mesilla valley which means 'little tableland' in Spanish. Since its' beginning, around 1848, Mesilla

has had a major influence on the economic, cultural, historical, and political life of the region. From the Gadsden Purchase, to the Civil War, to the Butterfield Stage Coach Trail, to the trial of Billy the Kid, to being a lively social center in the 1880s — Mesilla has been a prominent part of the rich history of the Southwest. Perhaps the greatest import of the past history is the physical character of the original community itself. The traditional adobe structures and architectural features modified through time because of style and technology still remain as a reminder of the long and significant history of the town.

Outdoor enthusiasts love Las Cruces as well. Overlooking the city to the east are the Organ Mountains, a haven for hikers and adventure seekers alike. The Organs offer two main recreational areas, Aguirre Springs and Dripping Springs. Aguirre Springs features hiking, mountain biking, picnicking and camping at one of the most scenic areas in southern New Mexico. From the top, you can see the Rio Grande Valley to the west and the shimmering dunes of White Sands National Monument to the east.

White Sands National Monument offers sand surfing along the magnificent pure white gypsum dunes. Visitors can also picnic or just stroll

through a portion of the 275 square-mile national monument. Additionally, the monument offers tours and activities such as the Sunset Stroll Nature Walk, Friday Night Star Talks, the evening and full moon night program and tours of Lake Lucero. The monument is located 45 miles east of Las Cruces on Highway 70.

New Mexico State University is the premiere educational institution of the region and has many cultural and educational activities to offer students and visitors alike. The institution began in 1888 as an agricultural college and preparatory school, and is a comprehensive institution dedicated to teaching, research, and service at the graduate and undergraduate level. The university offers a museum and art galleries, professional theater, music ensembles and symphony, visiting artists, national performers, professional road shows, PBS and NPR campus stations, an 18-hole golf course, a tennis center, swimming pools and an activity center.

Admission to the King Tut exhibit is \$5 for adults and \$3 for children. For more information, call (505) 541-2158 or visit www.kingtutlc.org on the Web.

To learn more about visiting Las Cruces, visit www.lascrucescvb.org on the Web.



Advertisement

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Racquet Club hosts holiday tournament

The Cochise Health and Racquet Club will host the 6th Annual Sierra Vista and Fry Fire Department's Christmas Toy Drive racquetball Play Day Saturday, at 8:30 a.m. This year's tournament format will be round-robin, pot-luck doubles, meaning all players will be paired with a new partner for every round of play.

The entrance fee is a new "unwrapped" toy to be donated to the firefighter's toy drive.

The club is located at 4225 Avenida Cochise in Sierra Vista near the Windemere Hotel. For more information contact Elmo Long at 249-6936.

Winter Break Basketball Camp set

The Sierra Vista Parks and Leisure Services will be conducting Co-ed Winter Break Youth Basketball Camps Dec. 21- 23 at Apache Middle School.

The Midget Camp for youth ages 5-8 will run from 8 to 9:30 a.m., with the Junior Camp for youth 9-15 scheduled from 9:45 to 11:15 a.m.

The cost is \$25 with every participant receiving a Camp T-Shirt.

For information, call 458-7922.

Brown Canyon Ranch exhibit shown

The Henry F. Hauser Museum has a new exhibit called "Brown Canyon Ranch: 100 Years of Ranching History" that displays artifacts, photographs, and personal recollections and memoirs of the ranch.

The exhibit will be on display through Jan. 31. Museum hours are Monday through Friday, 9 a.m. to 5 p.m. and Saturdays, October through March, from 10 a.m. to 2 p.m.

The museum is located in the Ethel Berger Center at 2950 E. Tacoma Street in Sierra Vista.

Holiday Craft Bazaar to be held

A free Holiday Craft Bazaar will be held from noon to 6 p.m. Friday and from 9 a.m. to 3 p.m. Saturday at the Ethel Berger Center.

The Ethel Berger Center is located at 2950 E. Tacoma Street in Sierra Vista behind City Hall.

Trip to Tubac luminaria night set

Sierra Vista Parks and Leisure Services is planning a trip to Tubac for the Luminaria Nights-Fiesta Navidad, the towns annual celebration of the Holiday Season on Saturday. Stores are open until 9 p.m.

The cost of the trip is \$20 and is open to those 50 years of age and older. The trip will depart from the Ethel Berger Center at 3:30 p.m. For more information on the trip call 417-6980.

Bowl in the New Year at Desert Lanes

Desert Lanes has planned a New Year's Eve party from 8 p.m. to 1 a.m. Dec. 31. There will be party favors, door prizes, and a full breakfast buffet included in the price.

The cost for five hours of bowling is \$60 per lane for civilians or \$50 per lane for active duty military. There is a limit of six bowlers per lane.

For more information, call 533-2849.

FHCSC plans luncheon here

The Fort Huachuca Community Spouses' Club December luncheon will be held Wednesday at the Thunder Mountain Activity Centre. Social hour begins at 10:30 a.m. and lunch is served at 11:30 a.m. with a cost of \$11.00.

Additionally, the WE CARE project for December is St. Vincent de Paul. Canned, non-perishable food items, to be accepted at the luncheon.

Reservations for the luncheon are required.

Contact Leslie Torres at 439-9163 or leslietorres@cox.net by noon, Friday. Childcare is available on first-come, first-served basis.

CC Youth Orchestra presents concert

The Cochise County Youth Orchestra presents their final concert of the semester at 6 p.m. on Tuesday at the Sierra Vista Public Library's Mona Bishop Room. The library is located on Tacoma Street in Sierra Vista. Admission is free. The concert will feature holiday music.

Community Chorus to perform

The Sierra Vista Community Chorus present their annual holiday concert at 7 p.m. Friday at the Buena Performing Arts Center.

Doors open at 6:15 p.m. Admission is free.

It is a chorus tradition that the holiday concert is a gift to the community, so they ask that patrons instead bring either two non-perishable food items or a new un-wrapped toy to the concert.

The Sierra Vista Fire Department will collect items for distribution by the Cochise Food Bank.

Buena High School is located at 5225 E. Buena School Boulevard in Sierra Vista just past Wal-Mart off of Charleston Road.

Dinner and show planned

Sierra Vista Parks and Leisure Services will hold a "Winter Wonderland" dinner and show at 7 p.m. Dec. 16 at the Ethel Berger Center.

The dinner will be served by the Parks and Leisure staff and will be followed by a performance by Mikey Biachino.

Tickets are \$12. People must be 21 to attend.

Tickets are available at the EBC which is located at 2950 E. Tacoma Street in Sierra Vista behind City Hall.

At The Movies

Showing at the Cochise Theater for the next week are:

Today
The Prestige (PG-13)

Friday -7 p.m.
Flags of Our Fathers (R)

Saturday-7 p.m.
Saw 3 (R)

Sunday -2 p.m.
The Santa Clause 3:
The Escape Clause (G)

Monday - Wednesday
Closed

Watch CAC

The Commander's Access Channel is your channel. We provide a window to the military community that you live in. Committed to the value of community television we are your source for military news and local information. We share in your successes and connect you to the events that are shaping your future. We're your channel.... Cable 97.



Where's Wette?

Identify Wette the Waterdrop's location in the photo and e-mail or call in your answer to the Scout.

All correct answers received by noon on the Monday after the photo is published will be entered into a

drawing for cool Wette items.

The winner's name will be published in the Scout of Thursday, along with the correct answer about Wette's location and the water saving tips that led to the Water Wise visit to that specific location.

E-mail your best guess to: thescout@hua.army.mil or call 533-2714 and leave your name and phone number.

GOOD LUCK!



This contest is sponsored by the Fort Huachuca Water Wise and Energy Smart program and The Fort Huachuca Scout.

2006 Intramural Basketball Standings
(as of Dec.1, 2006)

League #1

TEAM	W	L	PCT.	GB
Co. C, 40th Signal Bn	3	0	1.000	---
HHC, 11th Signal Bde	3	0	1.000	---
Co. F 309 th MI Bn #2	4	1	.800	1
69 th Signal Co.	1	1	.500	1.5
Co. E, 309 MI Bn #2	1	1	.500	1.5
Co. B, 309 MI Bn #1	1	3	.250	2.5
Co. B, UASTB	1	3	.250	2.5
Co. A, 305 MI Bn #1	1	4	.200	3
HHC, 111 th MI Bde.	0	2	.000	3
RUN & GUN*	3	1	.750	1
* Recreation Team				

League #2

TEAM	W	L	PCT.	GB
556 th Sig. Co.	4	0	1.000	---
Co. B, 305 th MI Bn	2	0	1.000	---
Co. F, 309 th MI Bn #1	3	1	.750	1
Co. B, 40 TH Signal Bn	3	1	.750	1
JITC	2	1	.667	1.5
Co. E, 309 MI Bn #1	1	2	.334	2.5
NCOA	1	3	.250	3
Co. B,309 MI Bn #2	1	3	.250	3
MEDDAC	1	3	.250	3
Co. C, 304 TH MI Bn	0	4	.000	3.5

Myron Thompson, Headquarters and Headquarters Company, 11th Signal Brigade, in gold, guards Gary Killiebrew from the 69th Signal Company, in black. HHC, 11th Signal Bde. won the hard-fought game 31-30 at Barnes Field House Nov. 29.

Photo by Thom Williams



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